

The Art of Living

Discover the teachings of
Jiddu Krishnamurti

The
Krishnamurti
Centre *Sydney, Australia*

*“In total silence the
mind comes upon
the eternal ...”*

Discover the teachings of J. Krishnamurti

Jiddu Krishnamurti spoke for 60 years until his death in 1986, leaving behind a body of literature including: his public talks, writings, discussions with teachers and students, with scientists and religious figures, as well as conversations with individuals, television and radio interviews, and letters.

"Seeing" into oneself, very much like a mirror, encourages what Krishnamurti calls "insight". Without fixed ideas, criticisms, or constant judgement. Seeing, like listening, active processes regain potential to live freely.

"Only in relationship can you know yourself, not in abstraction and certainly not in isolation. The movement of behaviour is the sure guide to yourself, it's the mirror of your consciousness; this mirror will reveal its content, the images, the attachments, the fears, the loneliness, the joy and sorrow. Poverty lies in running away from this, either in its sublimations or its identities." *J. Krishnamurti's Journal*

"In oneself lies the whole world, and if you know how to look and learn, then the door is there and the key is in your hand. Nobody on earth can give you either that key or the door to open, except yourself." *J. Krishnamurti, p. 158, You Are The World*

The Krishnamurti Centre

For access to Krishnamurti resources, personal sharing and group facilitation and dialogue.

Krishnamurti Centre (opposite Summer Hill Railway Station),
3/60 Carlton Crescent, Summer Hill NSW 2130

Enquiries

Phone: Andrew 0412 445 945, Leon 0418 627 196
and Geetha 0400 499 772

Email: kcentre@krishnamurtiaustralia.org

For more information visit our websites:

www.krishnamurtiaustralia.org or www.jkrishnamurti.org.au