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J KRISHNAMURTI. EERDE SUMMER GATHERING

Selected Questions & Answers

17TH July, 1930

Question: *What you speak of as the poise of reason and love, in the liberated man, is a twofold poise. (a) It means that love and reason must be equally balanced, so that there is not too much of the one and too little of the other; (b) It means that both, taken together, must preserve their poise against all impacts from without which might tend to throw them off their balance. For example, nothing can happen to the liberated man which can make him, even for a moment, hate instead of loving, or cease to look upon everything with the eye of all-embracing truth. Is not that so?*

KRISHNAMURTI: Naturally. Each – that is, reason and love – must be balanced in itself and not in contradiction, in opposition, to each other. If you treat love as its own eternity and reason as its own eternity, then, because there is a poise and balance in them each, there is also a poise between the two. Hence they are able to withstand the impacts from outside. That balance, then, is pure action; it is outward-going, never relying on external things, on external reactions. That is why there must first be the love of the single individual – though this is not that pure, balanced love, naturally. To arrive at that detached, perfectly poised love, you must go through this attachment to the individual – with all its limitations, sorrows, corruptions, struggles and so on. But it does not mean that in itself it is the real thing. So the wise man, the man, with the attentive, highly concentrated mind, is not satisfied to be limited by the love of one, but is all the time seeking to expand and to grow, and to give of that love which has its roots in eternity. Everyone wants to be practical, to understand life practically. Now the most practical man in the world is the liberated man, because he has discovered the true value of all things. That discovery is illumination.

Question: *This last kind of poise has its parallel in the technique of a great artist, gathered up, as it were, and held in suspense, but ready to manifest as soon as the occasion presents itself.*

KRISHNAMURTI: Like the poise of an eagle on a delicate branch: it can fly high or fly low; it is poised, always ready in suspense.

Question: *The liberated man, in other words, is the artist in life who can recreate everything about him and all events that may happen to him in terms of love and reason.*

KRISHNAMURTI: Please understand – that is perfectly true. What-ever happens to him he can recreate, not what happens to others. Some of you expect a liberated man to mould your life – in other words, you are seeking miracles, a way of escape from this conflict. That is not the way to understand. The liberated man, through his gathered-up technique held in suspense, recreates everything in terms of reason and love; and hence is free of all incidents and experience, because he has already gathered up the essence of all experiences. So, “the liberated man is an artist in life who can recreate everything about him”.....in terms of his own realization of all life.

Question: *The man who has not yet achieved liberation lives, or thinks that he lives, from his own separate centre. When he has reached liberation he sees this as a focus merely and lives through it, not from it.”*

KRISHNAMURTI: That is, before, he was a point through which life could express itself; after he attains liberation, he becomes the whole of life, no longer a point.

Question: *If this is so, then does he feel himself as living equally through all similar foci as well?*

KRISHNAMURTI: There are no foci then; there is no circumference to limit.

19th July, 1930

QUESTION: *Yesterday you spoke of the purpose of life. By this we understand you to mean the purpose of individual existence. Can you develop the idea that pure life can have no purpose?*

KRISHNAMURTI: Naturally, life, pure action, pure life itself, the totality, the summation of all life, has no purpose. It is. That life is of no particular temperament or kind; it is impersonal. So Life cannot be understood through any temperament, through any path; it is the Self of everything. But between that Self and the understanding of it by the individual, lies this individual existence, this scar of suffering. In wearing down this individuality, this ego of reaction lies the purpose of individual existence, of life with a small "I". In Life, on the other hand – Life with a capital "L" – in the pure Life which is purposeless, there is no division; there is no distinction between manifestation and life. In the individual, who is self-conscious, there is a purpose – namely, that he shall realise completely, without any attributes, qualities, special relations, this totality which is self-existent, self-caused. But in that self-existing, self-caused Life, there is no purpose. The individual who knows separation, is caught up in effort (effort being imperfection) and for him, as a separate segment of that Life, there is a purpose. So one must realise the truth of this Self, which is pure Being, which is in all things, and in so realising it, fulfil the separate consciousness of the individual. Separation is limitation, sorrow, unhappiness, effort. And in and through this unhappiness, choice, effort and continual adjustment, the individual existence must all the time adjust itself with that Truth. So he must have conceived, have caught a glimpse of this pure Life, this pure Being which is the summation of all effort and hence is effortlessness. It is the summation of good, - of a good in which there is no effort. Realising this, understanding this, he will, through spontaneous action, wear away the wall of separation. When there is total realisation, or union with that Life, then there is no longer the craving for separate existence, - he is everything, he is creation, he is perfection – unblemished, because the scar of individuality has vanished away.....

25th July, 1930

QUESTION: *What is your view on modesty?*

KRISHNAMURTI: Modesty is humility, respectfulness for another, in the true sense of effacing oneself. It is the effacement of oneself in the sense of not knowing "you" and "I" – humility with substance, not humility with hypocrisy. Humility is the essence of modesty, which is, after all, not to know that you as an individual exist as a separate being. So you respect everything and do not place yourself as an individual before others. Everyone is subject to flattery, so long as this sorrow of separation exists. But flattery and insult are the same thing to the man who knows no division. Humility is arrived at by constantly watching your actions, in your games, in your eating, in your dancing, in everything. Such a man is then serene, stable, supreme, unaffected by flattery or insult, by possession or poverty. He is beyond all the clutches of limitation.

QUESTION: *Do you know other persons after Jesus who became liberated, from your point of view? This is not because I want to follow, but because I wish to study their lives and actions in the world of manifestation. Is liberation something so difficult to achieve that, in the history of the world, we find so very few people liberated?*

KRISHNAMURTI: Liberation is not difficult to achieve. Concentration, sustained effort, is difficult to maintain – and hence the few. It is not difficult to arrive at that which is in all things, or difficult to realise it; but there are many things between you and that realisation which, through continual effort, choice and discernment you must eschew and put aside. That requires intense faith, recollectedness, concentration and continual energy. Very few are willing to make that effort and hence the few who attain, who realise. You again approach the question from the point of view of separateness, as if it were something for the few alone. How can it be for the few, when that reality is in all things, in everyone?

OMAN STAR CAMP

31ST July, 1930

QUESTION: *I have lost all interest in the propaganda of any ideas, even your own. Propaganda does not seem to me of any value. I feel at a complete loss as to how I can help in the real progress of mankind. What can I do?*

KRISHNAMURTI: This seems to me to be the case with the majority of people here. To find out the reason for this state of mind you must ask yourself what you are trying to propagate – ideas, or something that you are living. If you are merely propagating ideas, then they have no value and nobody cares; you lose your interest in those ideas. But if you are propagating realities, living realities which you have found for yourself and with which you are struggling, battling every moment of the day, then there is no question of propaganda: people come to you, - you do not go to them. If I am not misjudging this question, you have apparently been propagating the ideas of someone else, not realities which you are living. Hence your complete loss of interest. A very good thing! – because then you will realise for yourself that those ideas which you have been propagating have had no influence on your life; and so you will be eager to search out, to discover what are the ideas which will give you the innate, intrinsic capacity to live. Then it will no longer be a question of propaganda.

QUESTION: *Does reaction by a process of purification and evolution become pure action? Or are the seeds of pure action already existing in us, though unrecognized?*

KRISHNAMURTI: In individuality the reality potentially exists. In you as an individual the seed of reality exists. Life exists in limitation, and your task is to realise that potentiality which will then become the totality. Therefore pure action, pure being, is always there hidden, suppressed, unrecognized; and to bridge the gulf between reaction and pure action, between the beginning and the end, is the purpose of man. The beginning and the end exist in the individual. That totality, that all-inclusive life, is also in you as an individual. You are not yet aware of that inclusiveness, and your purpose is to become aware of it. So it is not by process of continual evolution that you achieve, but by tearing down the wall of separation, through ceaseless effort, through concentration, through continual choice. As I said before, try to understand the significance of words. I am using ordinary words, but I have a special meaning for those words, I am trying to give them a special import. Evolution to me is the magnification of "I am" in time – is expansion – whereas liberation is freedom from expansion. It is to be; it is the finding of the reality in all things, which destroys this barrier of separation.

Liberation is not then a process of evolution, but a realization of the whole of life, in which there is no longer object or subject, in which there is no longer the sense of separation. It is that pure happiness of enduring existence, in which you as an individual have become the totality in which all things are.

EXTRACTS FROM A TALK GIVEN AT OMAN STAR CAMP:

1ST August, 1930

KRISHNAMURTI:

.....So that quality of liberation – if I may so call it - without your attributing qualities to it – is pure awareness, freedom from all consciousness, not expansion of consciousness. I am going to explain this, or you will jump to conclusions about these words with which you are already familiar, and which have a very definite meaning in your minds. I am using the same words but giving to them quite a new interpretation.

Consciousness implies self-consciousness. Freedom of consciousness is not annihilation, it is pure being, it is that exquisite balance which is brought about when you know the true value of all things; it is illumination. Then you are no longer entangled in false judgments. True judgment depends on experience. Experience should and must liberate man from all consciousness, because consciousness exists only when you are impeded. Limitation causes consciousness. That is, you are aware of something as impeding you, hence consciousness comes into being. Therefore consciousness arises from that limitation which is also the cause of your sorrows and pleasures, your likes and dislikes, your greed, your envy, your desire for possessions, your cruelty and fear. When you recognize this, there is an awakened consciousness of limitation. When you remove all limitation, you are free from consciousness. This is not a condition of perpetual sleep; neither is it a condition of total annihilation. It is freedom of consciousness, which to me is unimpeded being, which is life, which is pure action. The totality of life functions without any impediment.

As an ego – the ego being but your unconquered reactions – you are all the time aware of limitation and therefore you are conscious. From that limitation there arises the desire to struggle and conquer.

By your struggle against limitation, you awaken to self-consciousness. Now, as I said before, Nature's destiny is fulfilled when it has realised itself in the individual who is self-conscious. But that self-conscious man is still sub-human as long as he is still in the clutches of greed, of possessions, of the desire to herd together, as long as he is still afraid of loneliness afraid of death. His fulfilment lies in being free from

